



**Scottish  
Ambulance  
Service**

University National NHS Board



# Freedom of Information Request

**11<sup>th</sup> June 2024**

## Question

I am looking for information regarding the number of SAS Paramedic and technician staff who have been registered as on sick leave due to mental health/ stress/anxiety. As such, can I request the following: The number of SAS Paramedic and technician staff on sick leave due to mental health/stress/anxiety from 01/05/23 to present, including a breakdown by location?

## Answer

Please see the table below detailing the number of Paramedic and Technicians absent with a reason of Anxiety/Stress/Depression between 01/05/2023 - 30/04/2024. This information has been broken down by region; The Scottish Ambulance service has a duty, under the Data Protection Act to avoid directly or indirectly revealing any personal details. Any further breakdown of location would have the potential to make the information identifiable.

East	230
North	90
West	250
Other	14

### **Important Information to Consider**

The staff count above does not take into consideration length of absence. The data above does not take into consideration if the absence duration would be 1 day or 365 days.

We take the mental health of our staff very seriously, which is why we have developed a robust programme to support them. Managers work closely with staff to encourage them to report any concerns about their welfare and we provide assistance and funding for staff seeking professional counselling services and occupational health services.

The Scottish Ambulance service has and continuously reviews a varied range of support tools aimed at staff in relation to Mental Health – related illnesses. If you would like more information on the services, we provide please do not hesitate to get in touch and this can be provided.