



**NOT PROTECTIVELY MARKED**

**Public Board Meeting**

**27 November 2024**

**Item No 09**

**THIS PAPER IS FOR APPROVAL**

**SCOTTISH AMBULANCE SERVICE ANNUAL CLIMATE EMERGENCY  
AND SUSTAINABILITY REPORT 2023/24**

<b>Lead Director Author(s)</b>	Julie Carter, Director of Finance, Logistics and Strategy Lorraine McAffer, Head of Estates Raymond Skutecki, Estates Officer Sustainability
<b>Action required</b>	The Board is asked to approve the Service Annual Climate Emergency and Sustainability Report 2023/24.
<b>Key points</b>	<p>Within the ‘Policy for NHS Scotland on the Climate Emergency and Sustainable Development’ (DL (2021) 38), each NHS Scotland body must publish a report on its public website each year summarising its progress against the aims of this policy.</p> <p>To support Health Boards, and ensure a level of consistency, a template approved by the Scottish Government Health and Social Care directorates (SGHSC) has been developed for Boards to utilise. The submission by the Service reflects the layout of the template.</p> <p>This will be the Service 3<sup>rd</sup> annual report. The key message is that despite the impact of the financial challenges during 2023/24 that has slowed down some of the ambitions of the plan the Service has seen improvements and initiatives put in place across the Service. Specifically work on the sustainable care, sustainable communities and the green champions initiative continues to show progress against the SAS path to net zero strategy.</p> <p>The Climate Emergency Response and Sustainability Group are responsible for the collation of the report, and this report has been reviewed and approved by the group. The Executive team have also reviewed it with amendments added. The Board Champion has also reviewed the content.</p> <p>Following approval by the Board and prior to publishing the SAS Communication team will review the format and presentation.</p>

Doc: Sustainability report	Page 1	Author: Director of Finance, Logistics & Strategy
Date: 2024-11-27	Version 1	Review Date:

<b>Timing</b>	The deadline for completing the 2023/24 annual report and has been set for 30 November 2024 with the report submitted to Scottish Government following Board approval. The report will then be published following any feedback from the Scottish Government.
<b>Associated Corporate Risk Identification</b>	–
<b>Link to Corporate Ambitions</b>	We will deliver our net-zero climate targets
<b>Link to NHS Scotland's quality ambitions</b>	Contribution to a net zero footprint by 2045
<b>Benefit to Patients</b>	Delivering safe clinical services in a sustainable economy.
<b>Equality and Diversity</b>	This will be undertaken when the delivery plan is developed and presented through the 2030 Place and Communities Portfolio Board.



**Scottish  
Ambulance  
Service**

Working in Partnership with Universities

**Scottish Ambulance Service Annual Climate Emergency & Sustainability Report  
2023/24**

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## 1. Introduction

**This is the Scottish Ambulance Service's (the Service) annual Climate Emergency and Sustainability Report for 2023 / 2024. It reports on the Service climate activities for the year 2023/24, and the future plans and actions.**

*The planet is facing a triple crisis of climate change, biodiversity loss and pollution as a result of human activities breaking the planet's environmental limits.*

*The World Health Organisation recognises that climate change is the single biggest health threat facing humanity. Health organisations have a duty to cut their greenhouse gas emissions, the cause of climate change, and influence wider society to take the action needed to both limit climate change and adapt to its impacts. More information on the profound and growing threat of climate change to health can be found here: [www.who.int/news-room/fact-sheets/detail/climate-change-and-health](http://www.who.int/news-room/fact-sheets/detail/climate-change-and-health)*

## 2. Background

The Scottish Ambulance Service is committed to operating, delivering and developing sustainably. This means that sustainability must be at the core of all of our decision making to positively influence our policies and how we run our services.

As a national Emergency Service and NHS Board, the Service has changed how it delivers its services, providing more support, care and treatment to people in their homes, and for those patients requiring very specialist support, conveying them to hospitals.

As a frontline service and with over 5,700 members of staff, we provide an emergency ambulance service to a population of over 5.4m people serving all the nationals mainland and island communities. Our Patient Transport Service undertakes over 400,000 journeys per year and provides care for patients who need support to reach their healthcare appointments due to their medical and mobility needs, support for discharge and transfers.

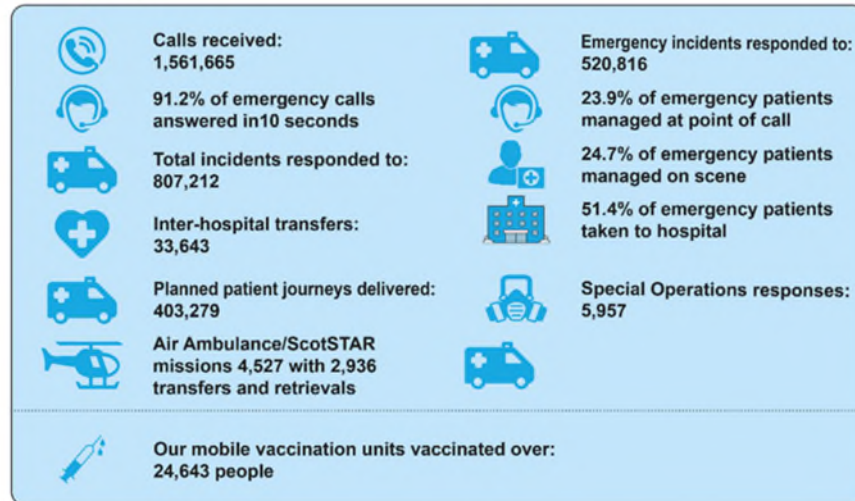
SAS are therefore responsible for a range of services for the people of Scotland, from accident and emergency response, to delivering primary care, providing patient transport, dispatching rapid air ambulance and ScotSTAR (Scottish Specialist Transport and Retrieval Service) support for critical patients, to being a Category 1 responder for national emergencies.

The Service is delivered to a geographical area of 30,090 square miles from 142 locations from Whithorn in the south to Unst in the Northern Isles covering a building area of 52,893 square meters, utilising a fleet of 1549 vehicles, two rotary and two fixed wing aircraft and supporting the Scottish Charity Air Ambulance Service operated from Perth.

Our Current Service at a glance for 2023/24 is shown below noting importantly that almost 50% of the emergency calls to the Service this year are avoiding unnecessary travel and admissions to Accident and Emergency departments, reducing waste and emissions, and importantly providing better care to patients. The initiatives supporting reducing these unnecessary ambulance and Accident and Emergency attendances are described further within the annual report, namely the Pathways Hub and the Integrated Clinical Hub.

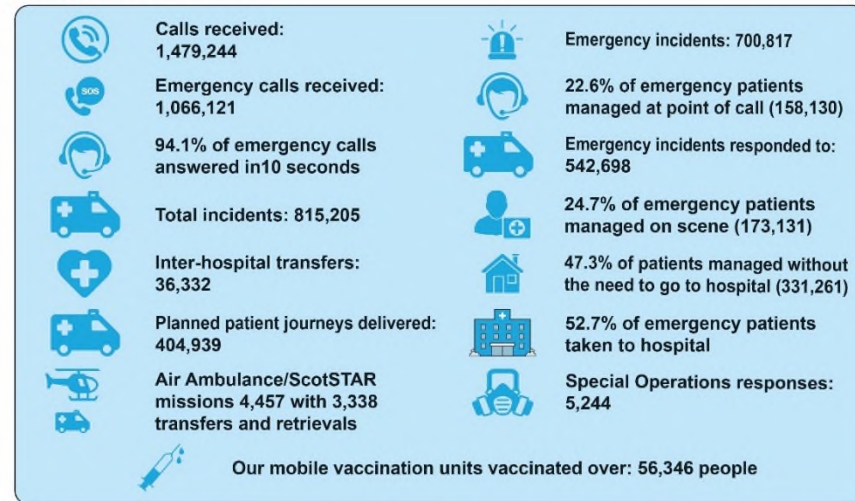
**Our Current Service at a Glance**

Our Activity 2022/23



**Our Current Service at a Glance**

Our Activity 2023/24







The Scottish Ambulance Service **2030 strategy** was launched in September 2022 with one of our 6 strategic aims to ‘**deliver our net-zero climate targets**’. This continues to recognise the importance of sustainability in delivering the Service 2030 ambitions. This aim is integrated into all of the 2030 ambitions from providing a high quality service to improving population health, supporting our staff health and wellbeing and creating safer and more sustainable communities

Figure 2: Scottish Ambulance Service 2030 Strategy Ambitions

### **Our Path to Net Zero Strategy 2030**

Building upon this the Scottish Ambulance Service Board then approved their **2030 Sustainability Strategy – *Our path to net zero*** in September 2022.

This strategy committed the Service to

- ❖ **Work towards achieving NHS Scotland targets through efficient use of energy and technological investment and setting our target of 2040 to be a net zero Service.**
- ❖ **Use suppliers who have policies and procedures, which align with the Service and NHS Scotland environmental objectives.**
- ❖ **Enhance the built working environment through good design and planned repair, maintenance, and refurbishment regimes.**
- ❖ **Minimise waste to landfill and implement recycling and safe disposal initiatives where possible.**
- ❖ **Aim to achieve continuous environmental improvement and best practice.**
- ❖ **Engage with key stakeholders and business partners on climate change issues.**
- ❖ **Ensure that sustainability is a priority criterion in the development and evaluation of all strategic plans, delivery plans, business cases and operational activities.**
- ❖ **Provide sustainability information, instruction, and training to all staff, suppliers, and stakeholders.**



- ❖ **Develop and implement our sustainability policy.**
- ❖ **Support environmental initiatives in the community, plus**
- ❖ **Support research and development activities aimed at improving our Service overall environmental performance.**

This reflected the Scottish Government ambition. The Strategy is also supported by a three-year delivery plan, with targets, delivery dates and outcomes reporting on progress through the Service Strategy 2030 governance structure. Progress against these aims are reported to the 2030 Steering Group reporting to the SAS Board.

### **3. Leadership and governance**

To deliver the 2030 sustainability strategy, the Service has a Climate Emergency and Sustainability Organisational and Governance Structure identifying key roles, responsibilities, and lines of communication. We use this to foster sustainable practices, provide direction and influence behaviours and cultures.

Specifically we have:

- ✓ **Appointed our Vice Chair as our Climate Emergency and Sustainability Champion.**
- ✓ **Appointed our Director of Finance, Logistics and Strategy as our executive lead for our Climate Emergency and Sustainability response.**
- ✓ **Ensured that our progress in responding to the climate emergency and sustainability issues is regularly considered by our Board.**

- ✓ **Established reporting on progress of the aims of this strategy through our 2030 governance structures, ensuring that those aims are fully integrated into all planning, management decisions and operational practices across the Service.**

To deliver this we have put in place a Climate Emergency Response and Sustainability Group (CERAS) who have taken a lead role in the delivery of the strategy. Our 2022-24 3-year action plan is in place and progress against this is reviewed at each CERAS meeting.

The CERAS group consists of delivery leads for the different seven key work programmes defined within the Strategy:

- Sustainable building and land – **Estates lead**
- Resilience – **Resilience lead**
- Sustainable travel – **Fleet lead**
- Sustainable goods and Services – **Procurement lead**
- Sustainable care – **Realistic medicine lead**
- Sustainable communities – **representatives from regions and operations**
- Our people and culture – **HR lead**

The SAS Communications team and the finance team also support the CERAS group.

The Climate Emergency and Sustainability Executive lead chairs the group and the Climate Emergency and Sustainability Champion oversees the progress of these actions.

The detailed 3-year action plan also shows the ***'Impact from Planned Actions to End of 2024'***, recognising the 'so what' of the benefits of the actions.

The pace of change reflects the need for additional capital and revenue funding to implement some of these actions and given the current financial challenges, there is a risk of actions progressing slower than planned, the impact and risk assessment of this is continually being monitored through the CERAS group.

The NHS Scotland Climate Emergency and Sustainability Delivery Group have also acknowledged the current constraints within the wider system, in the delivery of their actions, with these factors mirrored within the Health Boards, namely

- Insufficient funding to support the deliverable
- Insufficient staffing capacity or expertise
- The need for a ‘continually assessed revised’ approach to producing the deliverable being undertaken to what was initially planned

On the 8<sup>th</sup> March 2023, the Chair and Chief Executives of the Health Boards, received correspondence from the Cabinet Secretary detailing the Triple Planetary Crisis – incorporating the three interlined issue of climate change, pollution and biodiversity. This confirmed the priority focus from Scottish Government and ensured all climate and environmental work progress is also reported through the Service Annual Delivery plan.

The Service Annual Delivery plan 23/24 reported progress on the climate change action plan. In April 2024, the SAS Board agreed to an annual reduction of 0.5% emissions per year and this has been reflected within the Board Annual Delivery Plan for 2024/25.

#### **4. Summary of Impacts**

The Scottish Ambulance Service aims to become a net-zero organisation by 2040 for the sources of greenhouse gas emissions set out in the table below.

The table sets out the volume of emissions produced annually by the Scottish Ambulance Service. The Service has not set specific reduction targets for individual sources, we have however set a 5% overall reduction in our annual greenhouse gas emissions which we achieved for 2023/24.

Greenhouse gas emissions 2022-2023 & 2023-2024, tonnes CO2 equivalent					
Source	2022/23 emissions (tCO2e)	2023/24 emissions (tCO2e)	Percentage change – 2022/23 to 2023/24	2023/24 – target emissions	Percentage difference between actual and target emissions – 2023/24
Building energy	2,211	2,389	8%		
Non-medical F-gas	0	0	0		
Medical gases	1,277	1,272	- 0.3%		
Metered dose inhaler propellant	N/A	N/A	N/A	N/A	N/A
NHS fleet travel	15,263 *(20,974)	14,292	- 6%		
SAS Air Ambulance & Coastguard Search & Rescue	5,711	5,130	- 10%		
Waste	74	84	13.5%		
Water	9 **(3)	12	33%		
Business travel	1,065	***359 259	- 66%		
<b>Total emissions</b>	<b>25,610</b> **(25,604)	<b>23,438</b> *** <b>23,538</b>	<b>- 8%</b>		
Carbon sequestration	N/A	N/A	N/A	N/A	N/A

<b>Greenhouse gas emissions minus carbon sequestration</b>	N/A	N/A	N/A	N/A	N/A
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\* Note – In the 2022/23 report NHS Fleet travel included the SAS Air Ambulance and Coastguard Search & Rescue (5,711 tco2e). For 2023/24 these emissions are reported separately with the 2022/23 emissions being amended above to reflect this.

\*\* Note – In the 2022/23 report water treatment was not included (6 tco2e). 2022/23 emissions for water and total emissions have been amended to reflect this.

\*\*\* Note – Including hotel accommodation for the first time as a natural occurrence of some business travel (100 tco2e). 259 tco2e without hotel accommodation.

Noting that progress primarily in our highest emissions use of our fleet has been significant over the last few years and this from 24/25 will stabilise until an ultra-low emission ambulance and patient transport vehicle can be brought to the market.

The table below sets out how much of key resources we used over the last two years

Source	2022/23 Use	2023/24 Use	Percentage change – 2022/23 to 2023/24
Building energy (kWh)	11,729,517	11,851,433	1%
NHS fleet travel (miles)	29,832,803	*28,568,317	- 4%
SAS Air Ambulance & Coastguard Search & Rescue (Litres)	2,288,459	2,043,686	- 11%
Waste (tonnes)	487	**554	14%

Water (cubic metres)	32,613	***41,092	26%
Business travel (miles travelled)	3,811,669	****828,368	- 78%

\* Note - All SAS mileage travelled including combustion engine, electric and hybrid vehicles.

\*\* Note – Including ICT WEEE disposal for the first time. (6 tonnes)

\*\*\* Note – A proportion of this increase can be attributed to a water leak at one location.

\*\*\*\* Note – All SAS business travel including grey mileage and hire vehicles.

The significant reduction in business travel relates primarily to the Mobile Testing Units(MTU's) being taken out of service as referenced in our 2022/23 annual report and a reduction in general hire car use.

Significant work has taken place within the service to reduce travel for business, noting that the majority of this travel now relates to operational shift cover in remote and rural locations.

In total, 1,768,666 business miles travelled in 2022/23 reduced to 187,728 miles travelled in hire vehicles during 2023/24 and a reduction in grey mileage from 2,043,003 miles travelled during 2022/23 to 640,640 miles travelled during 2023/24.

This is explored further within this report.

## 5. Climate change adaptation

Scotland's climate is changing faster than expected according to research published by the James Hutton Institute in December 2023. According to this research:

- “Between 1990 to 2019, February and to a lesser extent April have become wetter, particularly in the west, by up to 60%, exceeding the projected change by 2050 of 45-55%.”

- “Scotland is on track to exceed “a 2°C increase in temperature by the 2050s, with the months from May to November experiencing up to 4°C of warming over the next three decades (2020-2049).”
- “The number of days of consecutive dry weather – an indicator for drought and wildfire risk – are also expected to increase in drier months, such as September.”

Climate change exacerbates existing health risks and introduces new challenges, ranging from the spread of infectious diseases to the intensification of heatwaves and extreme weather events that will impact the health of the population, healthcare assets and services. NHS Scotland plays a pivotal role in safeguarding the life and health of communities by developing climate-resilient health systems capable of responding to these evolving threats.

The changing climate is increasing risks for health and health services. More information on these risks in the UK can be found in the UK Climate Change Committee’s Health and Social Care Briefing available here: [www.ukclimaterisk.org/independent-assessment-ccra3/briefings/](http://www.ukclimaterisk.org/independent-assessment-ccra3/briefings/)

The Scottish Ambulance Service has actioned the following to better understand the impact of climate change on the Service and the people and places we serve:

- **Completed flood risk assessments for all SAS properties**
- **Developed a Climate Change Risk Assessment**
- **Developed updated continuity plans for;**
  - ❖ **Adverse Weather**
  - ❖ **Business Continuity Frameworks**
  - ❖ **Fuel Shortages**
  - ❖ **Pandemic Outbreaks**
  - ❖ **Community Resilience**
  - ❖ **Community First Responders**

The resilience lead for the Service is a key member of the Service’s Climate Emergency Response and Sustainability group.



The Service Climate Change Risk Assessment & Adaptation Plan is reviewed annually. This risk assessment aims to improve the resilience of the Service's assets to current climate risks and future climate change, whilst also assisting in:

- Protecting vulnerable sites, services & communities
- Reducing the cost of service disruption
- Complying with legal requirements

The Service has adopted a six-stage approach of:

- Identifying climate hazards that are likely to affect our assets
- Assessing the probability of the climate hazard occurring
- Identifying assets that could be affected by the hazards now or in the future
- Assessing the scale of the consequence for specific assets if the hazard occurred
- Completing the risk assessment (probability x consequence)
- Developing adaptation plans

In doing so, we have considered an appropriate management approach (Tolerate, Treat, Transfer or Terminate) to identify and have recommended adaptation measures.

The climate hazards and therefore risks that are a priority for the service for the year ahead are assessing the public, patient and staff impact on:

- **Higher average temperature and extended periods of hot weather**
- **Extended periods of dry weather (including the impact of wildfires),**
- **Heavy downpours and driving rain**
- **Storm surge**
- **Flooding**
- **Cold spells**

- **Combined climatic effects including storm, high winds, lightning, fog mist and low cloud.**

This action plans supporting these risks include the impact on our air ambulance service, assets and our overall healthcare service provision.

## 6. Building energy

We aim to use renewable heat sources for all the buildings owned by The Scottish Ambulance Service by 2038.

The Scottish Ambulance Service has 170 individual buildings over 142 locations such as Whithorn and Stranraer in the south, Edinburgh to Ayr across the central belt, Thurso in the north and many of the surrounding western and northern isles from Arran and Islay to the Shetlands.

In 2023/24, 2374 tonnes of CO2 equivalent were produced by the Scottish Ambulance Service use of energy for buildings, approximately 9% of our overall carbon footprint. This was an increase of 9% since the year before.

In 2023/24, The Scottish Ambulance Service used 11,851,433 kWh of energy as detailed below. This was an increase of 1% from the year before.

<b>Building energy emissions, 2015/16, 2022/23 and 2023/24 – tCO2e</b>				
	<b>2015/16 energy emissions</b>	<b>2022/23 energy emissions</b>	<b>2023/24 energy emissions</b>	<b>Percentage change 2015/16 to 2023/24</b>
Building fossil fuel emissions	1,446	1,251	1,268	- 12%

District heat networks and biomass	0	0	0	0
Grid electricity	2,161	932	*1,106	- 49%
<b>Totals</b>	<b>3,607</b>	<b>2,183</b>	<b>2,374</b>	<b>- 34%</b>

\* Note – The increase is due to the increase in EV charging, supporting the successful rollout of electric vehicles.

The Service building energy use has reduced overall by 8% from 2015/16 however has increased marginally by 1% from the previous year. Noting that energy use only relates to 9% of the over SAS footprint the ability to invest in this to reduce further has been challenging in 23/24.

In recognition of these challenges, work has taken place during 2024/25 to undertake ambulance station audits with a total of over 70 audits completed by October 2024. These audits are determining not only the building assessments and functionality but also the current heating provision and identifying opportunities for improvement if additional funding were to become available. Work with the SAS communications team to promote the behavioural aspect of energy use in the stations, supported by the green champions aims to show at least a stable or reducing impact in 2024/25.

<b>Building energy use, 2015/16, 2022/23 and 2023/24 – kWh</b>				
	<b>2015/16 energy use</b>	<b>2022/23 energy use</b>	<b>2023/24, energy use</b>	<b>Percentage change 2015/16 to 2023/24</b>
Building fossil fuel use	7,690,239	6,851,920	6,934,230	- 10%

District heat networks and biomass	0	0	0	0
Grid electricity	5,244,504	4,877,597	4,917,203	- 6%
Renewable electricity	0	0	0	0
<b>Totals</b>	<b>12,934,743</b>	<b>11,729,817</b>	<b>11,851,433</b>	<b>- 8%</b>

## 7. Our Green Champions

During 2023/24, The Scottish Ambulance Service launched our 'Green Champion Network'. The purpose of this network is to engage with staff across the entire organisation to be our 'foot soldiers' to embed good practice across all aspects of climate impact and sustainability. We aim to utilise their enthusiasm to encourage sustainably minded workplace behaviours to reduce energy consumption, improve recycling, engage with local communities, improve biodiversity, promote sustainable travel and workplace activity-based groups.



Thus far, we have 58 members of staff who have volunteered to be part of the Green Champion Network. Following the first meeting of the network they agreed the following Green Champion Charter

### Green Champion Charter

- We aim to bring people together to make enjoying nature as easy and rewarding as possible.
- We aim to encourage everyone to enjoy nature for the positive mental health benefits.
- We aim to raise awareness of the impact our choices have on the environment and how we can make positive changes.

### **They also suggested the establishment of a 'Noticeboard'**

*'To develop a national landing page that would have links to more general information such as the cycle to work scheme, outdoor retail discounts, excursions discounts, and resources around positive environmental choices. (these would have to be verified and approved by the network to make sure we post information that is evidence based etc). These could be split into the three regions of North, West and East to allow for more local information. The regional noticeboards would feature a few different pages such as; Equipment/Kit Shop (borrowing of kit etc) and a general noticeboard function that would allow people to post groups, excursions etc, for example, regional SAS five-a-side leagues, golfing groups, walking groups, paddleboarding litter picks. This could be activities that they have planned or even people posting activities they would like to get involved in'*

## Green Champions Vision



- ✓ **Drive adoption of change:** take a lead role with your colleagues to promote the Service's Sustainability Strategy to adopt our vision of reducing CO2 emissions into day-to-day business processes.
- ✓ **Share knowledge:** To help disseminate information that supports the Sustainability aims and encourage staff to participate in calls for sustainability related actions.
- ✓ **Signpost colleagues:** to appropriate training and support resources
- ✓ **Lead by example:** To encourage colleagues on how to act sustainably, both at work and at home, by sharing actions that can be taken on by staff.
- ✓ **Attend events:** initial on-boarding briefings, training, promotional events and periodic review meetings.
- ✓ **Provide feedback:** Be critical and give us feedback on how our support is working for you.
- ✓ **Take part:** Be an active member of the Green Champions Network, engaging with and supporting other Champions



## Green Champions – Value

## Green Champion Key Skills

### What can Green champions help to achieve?

- Identify and develop initiatives that can help reduce emissions, costs, risks and improve processes and systems.
- Improve staff satisfaction by illustrating sustainability commitment that aligns with staff values
- Align with the Service's Net Zero Plan, Sustainability Policy and Health Well-being Strategy
- Utilise sustainability as a means to deliver wider improved outcomes for staff

### What can Green champions do?

- Create a **network** of staff who share a common interest in sustainability, and to share ideas and encourage best practices across teams.
- Develop **professional skills** that align with departmental and corporate strategies, delivering net zero, zero waste and improving our overall sustainability.
- **Empower** staff to promote behavioural change in the Service and deliver the Service's sustainability policies
- To **showcase and recognise** staff for their work



To support the champion network, SAS have created an induction pack, a dedicated teams channel, a data collection process to understand what activities are already taking place and have in place a lead Green Champion. a Paramedic at Leverndale Station, her reasoning for taking on the role encompasses well in what we hope to achieve.....

*'Faced with the biggest mental health crisis the world has ever seen, I believe there are many solutions to this, which lie in nature. We as humans are not separate from nature, we are very much part of it, but this notion has become lost over the years and I believe this sense of disconnect is a contributing factor to the dark places we often find ourselves in today. I think when people are truly connected to anything, be that political values, religion, hobbies, sports etc this inspires certain behaviours that are motivating and supportive and I think this is certainly true when it comes to nature..... As we begin to feel more connected to the natural world this can influence small changes which benefit not only our health but also the planet. These changes can include small shifts in perspective, our thought processes, our habits, diet, attitudes and even how we choose to medicate ourselves..... Before joining*



*SAS I was a tattoo artist for 25 years and I feel privileged to have met many interesting and alternative people. This has given me an understanding of the power of conversation, connection and social interaction which can induce real change so in fulfilling the role of green champion I will be looking to put forward ideas which are pro-active, fun and inspiring. In other words, if you're looking for a PowerPoint presentation, I'm not that person! A few ideas I've considered are recycling at stations, plogging (jogging and litter picking), Station cooking events to showcase healthy and vegetarian cooking, and getting staff out into nature in a number of ways'*

## **8. Sustainable Care**

The Service continues to make progress in reducing its carbon footprint through the adoption of more sustainable care practices. The work in reducing unnecessary accident and emergency admissions has been a core priority for the Service. This has focus has been on:

- The continued development of our Pathways Hub. We use this to ensure where patients do not require an ambulance response, they receive appropriate care in other parts of the system. Where we do attend but taking the patient to the hospital front door is not needed, we can find opportunities for care that save patient journeys. We are seeing a year-on-year increase in the numbers of patients going through our Pathways Hub and in Mar 24, 25% of all attended emergencies were managed without the need to convey to hospital.
- Increasing the capacity and use of our Integrated Clinical Hub. We use paramedics and nurses, advanced practice paramedics and nurses and GPs to explore which patients will benefit from an ambulance attendance and which of those, will benefit from going to hospital. By managing 40% of our emergency demand without sending an ambulance resource, we reduce our carbon footprint whilst simultaneously knowing we have high rates of patient satisfaction because of this. The Integrated Clinical Hub have avoided over 55,000 ambulance journeys since April 2023.
- The drive for greater multi-disciplinary teams and blending of roles means that we can recruit from a variety of experienced healthcare professions and advance our clinical practice. A good example of this is SAS Advanced Practitioners in Urgent and Primary Care who rotate through various work settings as part of their role. They are skilled in finding alternatives to

admission, whether by treating the patient themselves, referring to appropriate partners in the community or bypassing ED with direct admission. They provide assessment and treatment in person, by phone or video consultation remotely and when working in collaboration with primary care partners.

- Creating a psychologically safe environment to make patient-centred and risk-based decisions, following the principles of Realistic Medicine. Through work with our Palliative and End of Life Care teams (in partnership with Macmillan Cancer Support), we are teaching and supporting our crews to make individualised decisions that put patients at the centre of the process. By listening to what patients and/or their carers want, we can deliver care closer to home and often allow a calm and supported natural death that avoids unnecessary patient journeys.
- Working hard with partner organisations to break down barriers to care, we can conduit care through sometimes complex systems to get the best results for our patients and their carers. One example of this is the collaborative approach to triage we are adopting with NHS24 and OOH services to make sure we preserve ambulance resources for those most in need, whilst maintaining the care to others as they access services.

We remain committed to advancing our delivery of sustainable care, for the benefits of our patients and our environment.

## **9. Anaesthesia/Analgesics**

Greenhouse gases are used as anaesthetics and for pain relief. These gases are nitrous oxide (laughing gas), entonox (a mixture of oxygen and nitrous oxide) and the 'volatile gases' - desflurane, sevoflurane and isoflurane.

Through improvements to anaesthetic technique and the management of medical gas delivery systems, the NHS can reduce emissions from these sources.

The Scottish Ambulance Service's total emissions from these gases in 2023/24 were 1272 tco<sub>2e</sub>, a decrease of 0.3% from the year before.

More detail on these emissions is set out in the tables below:

Nitrous oxide and entonox emissions, 2018/19, 2022/23, 2023/24 – tCO <sub>2</sub> e				
Source	2018/19 (baseline year)	2022/23	2023/24	Percentage change 2018/19 to 2023/24
Portable entonox	1336	1277	1272	- 5%
<b>Total</b>	<b>1336</b>	<b>1277</b>	<b>1272</b>	<b>- 5%</b>

The Service is also implementing a medical gases project to improve the management of gas cylinders leading to a more efficient. This project aims to:

- Provide traceability of gases by implementing a smartphone app to capture the movement of cylinders from delivery to collection.
- Reduce the stock holding surplus and achieve closer adherence to NCOGG and Medicines Management Group guidance in relation to the number of cylinders to be routinely carried on A&E and PTS vehicles (as per National Clinical Bulletin 015/19).
- Identify long term misplaced cylinders and return these to the supplier to be refilled to re-enter circulation and be re-used.
- Improved stock control is expected to reduce ordering frequency, which will result in fewer deliveries and lower associated environmental costs. Fewer instances of gases expiring by reaching 3 years old can also be expected.

## 10. Travel and Transport

Domestic transport (not including international aviation and shipping) produced 28.3% of Scotland's greenhouse gas emissions in 2022. Car travel is the type of travel which contributes the most to those emissions.

NHSScotland is supporting a shift to a healthier and more sustainable transport system where active travel and public transport are prioritised.

A key aim of our path to net zero action plan is to remove all petrol and diesel fuelled cars from our fleet.

In aiming to reduce travel costs the Scottish Ambulance Service continue to

- Implement additional approvals and controls to reduce business travel
- Implement the SAS Agile Working Policy.
- Implement the SAS business travel policy. This policy is now in the final stages of approval, through the internal governance processes and we anticipate it being published in early 2024.

Significant work has taken place to continue to reduce the need for travel and accommodation and this has been driven by the Service Best Value efficiency programme, driving not only financial savings but also reduced emissions.

Supporting this more efficient working, an additional internal approval control process has been put in place with business travel and accommodation requiring to be approved by the Chief Operating Officer and/or the Director of Finance.

**The Service is also working to remove all petrol and diesel fuelled cars from our fleet by 2025 and this is on track for delivery by this date.**

The following table sets out how many renewable powered and fossil fuel vehicles were in the Scottish Ambulance Service fleet at the end of March 2023 and March 2024:

	March 2023		March 2024		Difference in % zero tailpipe emissions vehicles
	Total vehicles	% Zero tailpipe emissions vehicles	Total vehicles	% Zero tailpipe emissions vehicles	
Cars	457	57% (259)	441	* 57.8% (255)	-1.5%

Light commercial vehicles	103	35% (36)	65	53.8% (35)	-2.7%
Heavy vehicles	1109	0% (0)	927	0.2% (1)	0.2%
Specialist vehicles			116	** 0%	0%

\* Note – The Service also operates 46 hybrid cars, this accounts for 10.4% of our overall cars in service.

\*\* Note – The Service has 4 hybrid vehicles in the specialist vehicle category, this accounts for 3.4% of the 116 specialist vehicles in service.

The following table sets out the distance travelled by our cars, vans and heavy vehicles in 2023/24. This information does not include external hire vehicles or grey mileage.

Distance travelled, miles	Cars	Light commercial vehicles	Heavy vehicles	Specialist vehicles	Total
2023/24	4,966,762	340,731	18,605,637	1,103,142	25,016,272

## 11. Sustainable procurement, circular economy and waste

Earth Overshoot Day marks the date when our demand for resources exceeds what earth can regenerate in that year. In 2024, Global Earth Overshoot Day is 1 August, a day earlier than in 2023.

For the UK, the picture is more worrying. In 2024, the UK's Earth Overshoot Day was 3 June. The current level of consumption of materials is not sustainable and is the root cause of the triple planetary crises of climate change, biodiversity loss and pollution.

We aim to reduce the impact that our use of resources has on the environment through adopting circular economy principles, fostering a culture of stewardship and working with other UK health services to maximise our contribution to reducing supply chain emissions to net-zero by 2045.

The Service launched its updated procurement strategy in November 2023. This continues to recognise that supply chain sustainability must be considered to help determine the extent of the associated greenhouse gas emissions and social and environmental impacts. As key member of the SAS CERAS team, the team consider the best means of minimizing carbon risk, improving energy efficiency, reducing waste and promoting sustainable procurement practices.

The Service is utilising the suite of sustainable procurement tools and guidance that Scottish Government has made available to all public bodies to assess current levels of performance, helping to inform the actions required to embed good procurement practice to realise intended sustainable outcomes.

They also continue to look for opportunities to broaden access to contracts for Small and Medium Sized Enterprises (SMEs), the third sector and supported businesses.

### **This includes :**

- ❖ **Looking for innovation and harnessing more sustainable technologies**
- ❖ **Encouraging our suppliers to provide more sustainable goods and services with lower carbon emissions**
- ❖ **Expanding the use of community benefits**

- ❖ **Embedding fair work practices**
- ❖ **Promoting equality and tackling inequality and**
- ❖ **Inclusion of Life cycle impact mapping as part of the sustainability test.**

For any Procurement undertaken by the Service's Procurement, there is a mandatory requirement for every tendering supplier to confirm their position in relation to climate change related aspects.

We continue to promote the use of items which have been designed for durability and upgradability. Tendering contracts can apply a focus on durability / upgrade ability where appropriate.

The environmental sustainability priorities of the Scottish Ambulance Service Procurement and Logistics Service's Strategy are detailed below

- Delivering Best Value
- Delivering Sustainable Procurement
- Maximise Innovation and Supplier Development
- Tackling Inequalities
- Implementing all aspects of fair work policy

The vision, mission and role of the procurement and logistics function encompass these environmental priorities....

#### Our Vision

To be a high performing procurement and logistics service that delivers a legally compliant and sustainable service and provides and delivers all financial and service procurement and logistic opportunities, aligned to the Scottish Ambulance Service 2030 Strategic ambitions.

#### Our Mission

To provide a comprehensive sustainable procurement and logistics service that meets the needs and expectations of all service partners in support of the Service corporate, financial, social and sustainable objectives.

Ensuring the continuing development of procurement and logistics opportunities to reduce inequalities and improve community health and wellbeing and supporting NHSScotland climate change ambitions.

#### Our Role

Our work focuses on:

Delivering savings, efficiencies and sustainable procurements to derive social, environmental and economic benefits from public expenditure, via the purchase of the goods or services through contracting activity.

This includes collaborative working where appropriate and providing advice on public procurement to stakeholders throughout the Service.

Developing the skills and expertise of our team to deliver a high-quality service to our stakeholders.



To continue to monitor the success of this we are tracking the benefits of:

- Move from single use to re-usable product (where possible and or practical)
- Quantify impact of the change in product.
- Carbon footprint baseline identification of critical and key consumables and assess alternative opportunities to reduce the carbon footprint.
- Point of manufacture, to delivery to the UK and subsequent delivery to our Logistics Hubs.

Internal sustainable procurement dashboards and reporting are being developed during 2024/25.

### Waste Management

We want to reduce the amount of waste we produce and increase how much of it is recycled.

The table below sets out information on the waste we produce and its destination for the last three years:

Type	2021/22 (tonnes)	2022/23 (tonnes)	2023/24 (tonnes)	Percentage change – 2021/22 to 2023/24
Waste to landfill	24	24	26	8%
Waste to incineration	N/A	N/A	N/A	N/A
Recycled waste	440	450	*495	13%
Food waste	N/A	N/A	N/A	N/A
Clinical waste	11	13	**33	200%

*\*Note – Including ICT WEEE disposal for the first time. 6 tonnes.*

*\*\*Note – This increase is attributed to more accurate reporting by TradeBe. We expect a considerable reduction in clinical waste tonnage for 2024/25 reporting period as all TradeBe servicing has been ceased.*

We have set targets to reduce the amount of waste we produce, and the tables below provide information on our performance against those targets:

<b>Reduce domestic waste by a minimum of 15%, and greater where possible compared to 2012/2013 – by 2025</b>	
Target – reduce domestic waste by	7.5 (tonnes)
Performance – domestic waste reduced by	24 (tonnes)
Outcome	ACHIEVED

<b>Ensure that no more than 5%, and less where possible, of all domestic waste is sent to landfill – by 2025</b>	
Target – reduce waste sent to landfill by	47.5 (tonnes)
Performance – waste sent to landfill reduced by	24 (tonnes)
Outcome	ON TRACK
Further reduction required	23.5 (tonnes)

- Baseline year of 2017/18 – 50 tonnes to landfill.

- Waste to landfill in 2023/24 – 26 tonnes.
- No more than 5% of 50 tonnes to landfill = 2.5 tonnes, or less to landfill by 2025

<b>Ensure that 70% of all domestic waste is recycled or composted – by 2025</b>	
Target – recycle or compost	267 (tonnes)
Performance – recycled or composted	489 (tonnes)
Outcome	ACHIEVED

The development of our ‘Green Champion Network’ will be utilised to promote and encourage conscientious waste disposal at local levels to achieve greater waste segregation and recycling. Ongoing work within the procurement sector is also being developed with suppliers and manufacturers to reduce waste at source.

This also includes the establishment and ongoing development of the logistics hubs. Their role in reducing waste is described below:

The Scottish Ambulance Service now has three Logistic Hubs servicing mainland Scotland and the Western Isles. The aim of these hubs is to reduce the amount of stock held at individual locations and over-ordering which often reach their ‘use-by date’ and ultimately end up as waste.

## 12. Sustainable Communities

The climate emergency undermines the foundations of good health and deepens inequalities for our most deprived communities.

The NHS touches every community in Scotland. We have a responsibility to use our abilities as a large employer, a major buyer, and one of the most recognised brands in the world – an ‘anchor’ organisation – to protect and support our communities’ health in every way that we can.

Our Anchor Strategic Plan was submitted to the Scottish Government on 27 October 2023. This described four strategic priorities of

- ❖ Procurement of Goods and Services
- ❖ Fair Work Opportunities
- ❖ Land and Assets
- ❖ Partnership Arrangements

The plan describes actions to support climate change and reducing the consequences for population health especially for those with fewer resources and less power and amplifies the existing Health inequalities. This includes

- **Workforce:** employability programs, living wage accreditation, diversity and inclusion accreditations, and strategies for engaging with local employability partnerships.
- **Procurement:** focusing on spending on local businesses, SMEs, supported businesses, and third-sector bodies and assessing community benefits delivered through procurement practices.
- **Land and Assets:** embedding anchor activities in new developments, community engagement in planning and use of developments, and current community use of land and assets including making our land and facilities available for community use. In particular our new Glasgow South Station will see the introduction of a community hub which would support access to initiatives such as food and housing services to improve community health outcomes.

**Our corporate ambitions as an Anchor Institutions are aligned well to our path to net zero ambitions.**

- Work collaboratively with citizens and our partners to create healthier and safer communities.
- Innovate to continuously improve our care and enhance the resilience and sustainability of our services.
- Improve population health and tackle the impact of inequalities.
- Deliver our net zero climate targets.
- Provide the people of Scotland with compassionate, safe and effective care when and where they need it.
- Be a great place to work, focusing on staff experience, health and wellbeing.

Our anchor plan focuses on creating fair work opportunities and adopting sustainable practices to enhance the efficiency and effectiveness of our service delivery.

- By addressing health inequalities and improving the availability of services in underserved areas, the plan aims to make healthcare more accessible to all population segments.
- The plan intends to improve health literacy and outcomes through strategic partnerships and a focus on public health, particularly in historically disadvantaged communities.
- The commitment to understanding and meeting the unique needs of different communities supports a more personalised approach to patient care, ensuring that services are tailored to individual patient needs.
- The plan supports socio-economic development by leveraging procurement and employment opportunities, improving patient health and wellbeing.

- The plan's emphasis on environmentally responsible practices and the efficient use of resources ensures a sustainable healthcare system that benefits current and future generations of patients.

We have developed metrics to measure the impact of the anchor plan actions and will be included within the 24/24 annual report.

### **13. Conclusion**

Recognising the financial challenges during 2023/24, and the impact in making significant progress against our climate change action plan, the annual report has seen improvements and initiatives put in place across the Service. Specifically work on the sustainable care, sustainable communities and the green champions initiative continues to show progress against the SAS path to net zero strategy.

Particular focus in 2024/25 is to

- ❖ Further develop the green champion role
- ❖ Develop an investment plan for sustainable buildings
- ❖ Assess the impact of our first electric ambulance and
- ❖ Report on the impact of our anchor plan and sustainable communities